Martina, from Ireland

My name is Martina. I live in the west of Ireland. I am married with two children aged 19 and 23.

In 1998 I decided I would like to back to education. I did a Diploma in the Irish language. Now I just finished a Diploma in multi media studies.

I used to work as a school secretary until about three years ago. Then I worked with an Irish language programme, doing Irish conversation classes, parent and toddler groups etc.

At home I do the usual housework. Also I love gardening, cooking, baking and painting pictures.

To relax I watch TV, listen to music and read. Also I go to yoga classes twice a week. I love to travel. I`ve been to a lot of different places with my family.

In general I'm pretty happy with my life.